



In the Light of Jesus, we Learn to Shine – Primary Aims of our School Curriculum
Physical Education (PE)

The National Curriculum (2014) explains the intent, implementation and impact of the PE curriculum for Key Stage 1 and 2, through its 'Purpose of Study' and 'Aims,' which we apply at St Joseph's. The details for this can be accessed [here](#). The following statements outline the broader intent, implementation and impact of our PE curriculum for St Joseph's beyond those stated in the National Curriculum (2014):

INTENT	<p>The broader aims of the St Joseph's Key Stage 1 and 2 curriculum for PE are:</p> <ul style="list-style-type: none"> • to offer opportunities, including extra and cross curricular, for children to grow in their talents and skills, refining their God-given talents. • for children to learn important British Values and Gospel Values including collaborative team work and a mutual respect and understanding for others. • to ensure all children have the opportunity to attain the optimum physical and emotional development and good health. • to promote diversity and recognise the uniqueness of the individual. • to encourage children to work on challenges – against themselves and others. • to instill in children the importance of activity for healthy and happy lives and to teach them how to participate safely. • to offer opportunities to encourage all children to participate in activities.
IMPLEMENTATION	<p>PE will be implemented across Key Stage 1 and 2 for all pupils at St Joseph's by:</p> <ul style="list-style-type: none"> • using exciting opportunities for learning including high-quality resources, equipment and facilities which are continuously monitored, reviewed and evaluated. • hiring of specialist teachers and coaches – from Active Luton and LTFC – to enable staff to deliver a varied, high-quality curriculum. • utilising PE teaching assistants for supporting PE sessions. • providing intervention clubs to engage less active/less confident children. • timetabling two hours of high-quality PE for each class each week, with opportunities for both independent and collaborative work. • encouraging extra opportunities for activity, including 'The Mile a Day,' and equipment for active play and cross-curricular learning opportunities. • utilising extra-curricular sports clubs run before, during and after school, mostly all-inclusive with some offered to gifted and talented pupils. • participating in a wide variety of sporting competitions and festivals through the year, from Year 1 to Year 6, within school and beyond, against other schools in the town. • creating links with other sports clubs – Gaelic/football/rugby/swimming/dancing etc., to encourage participation beyond the school day. • training for young leaders/play leaders, and the opportunity for them to organise and lead play times throughout the year. • utilising inspirational visitors and a diverse range of sporting successes, emphasising the link between activity and positive mind-set and aiming high to overcome challenges. • awards made in assembly to celebrate the successes of children within and beyond school activities. • promoting oracy to support and deepen children's understanding of, enjoyment in and achievement in PE. • carefully sequenced and progressive learning both within year groups and between, including knowledge and skills around how to safely participate in PE.

IMPACT

The impact of the St Joseph's Key Stage 1 and 2 curriculum for PE is that:

- all children will love PE, make good progress and go on to lead physically active lives.
- many children will be valued team members, successfully representing the school and beyond in a wide variety of sports.
- pupils will have a positive self-image and growth mindset allowing them to be the best they can be, to reach their potential.
- there will be tolerance, acceptance and a sense of fairness and equality in the children.
- children will live happy and healthy lives, further utilising the skills and knowledge acquired through PE here at St. Joseph's into life after school.
- children will be strong articulators and communicators about health and fitness.