



*In the Light of Jesus
we Learn to Shine*

Relationships, Sex and Health Education – Year 3

Valuing Difference and Keeping Safe

| Theme | Learning Intention | Learning Outcomes | Vocabulary | Subject Links | Thoughts for Parents |
|-------------------------------------|--|--|---|---|---|
| Differences: Male and Female | To explore the differences between males and females and to name the body parts. | To know some differences and similarities between males and females. To name male and female body parts using agreed words. | male, female, penis, vagina, private parts, testicles, womb, different, similar | Science: Animals including humans | Talk about the differences between male and female animals – why do we have these different parts? What are they used for? E.g. Cows with udders. Be confident using the correct terminology when discussing body parts with the children and not substitute them as these can often trivialise or demean what you are discussing. |
| Personal Space | To consider touch and to know that a person has the right to say what they like and dislike. | To identify types of touch that people like and do not like. To understand personal space. | stereotypes, gender roles | PSHE: Personal boundaries; safely responding to others; the impact of hurtful behaviour. | Talk about who they can trust if they are worried about something. Talk to the children about 'The Underpants Rule' (NSPCC website). |

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| | | To talk about ways of dealing with unwanted touch. | | NORES Journey in Love: To describe and give reasons for how we grow in love, in caring and happy friendships where we are secure and safe. | Talk to the children about how they feel when someone is too close to them and makes them feel uncomfortable. Who would they talk to if they feel uncomfortable with the touch? |
| Family Differences | To explore different types of families and who to go to for help and support. | To understand that all families are different and have different family members. To identify who to go to for help and support. | family, fostering, adoption, relationships | PSHE: What makes a family, features of family life NORES Journey in Love: To describe and give reasons for how we grow in love, in caring and happy friendships where we are secure and safe. | Draw a family tree, talking about different relationships. Discuss about how all families are unique (the same as how everyone is unique). Expose the children to a diverse range of age appropriate stories and experiences. Give children the opportunity to discuss these with you. |