



*In the Light of Jesus
we Learn to Shine*

Relationships, Sex and Health Education – Year 6

Puberty, Relationships and Reproduction

Theme	Learning Intention	Learning Outcomes	Vocabulary	Subject Links	Thoughts for Parents
<p>Puberty and Reproduction</p>	<p>To consider puberty and reproduction</p>	<p>Describe how and why the body changes during puberty in preparation for reproduction.</p> <p>Talk about puberty and reproduction with confidence.</p>	<p>puberty, physical changes, emotional changes, moods, menstruation, periods, tampons, sanitary towels, wet dream, semen, erection, sweat, breasts, spots, pubic hair, facial hair, underarm hair.</p>		<p>Talk to the children about the changes they will soon be going through (these may have already begun). Ask the children do they know what these changes are for? Explain that they are perfectly natural and talk about the changes you went through.</p> <p>Encourage the children to ask you questions whenever they feel the need.</p> <p>Be confident using the correct terminology when discussing body parts with the children and not substitute them as these can often trivialise or demean what you are discussing.</p>

<p>Understanding Relationships</p>	<p>To consider physical and emotional behavior in relationships</p>	<p>Discuss different types of adult relationships with confidence.</p> <p>Know what form of touching is appropriate.</p>	<p>God, Christian, appropriate, dignity, relationship, friendship, civil partnership, marriage, love, fostering, adoption.</p>	<p>PSHE: Attraction to others; romantic relationships; civil partnership and marriage</p> <p>NORES Journey in Love: To develop a secure understanding that stable and caring relationships, which may be of different types, are at the heart of a happy family.</p>	<p>Talk to your children about relationships they are aware of and how they might express that.</p> <p>Talk to your child about the journey of life and the experiences they may have in adulthood.</p>
<p>Conception and Pregnancy</p>	<p>To explore the process of conception and pregnancy</p>	<p>Describe the decisions that have to be made before having a baby.</p> <p>Know some basic facts about pregnancy and conception.</p>	<p>womb, sperm, egg, conception, fertilisation, pregnancy, sexual intercourse, twins</p>	<p>PSHE: Human reproduction and birth</p> <p>NORES Journey in Love: Explain how human life is conceived.</p> <p>Science: Evolution</p>	<p>Talk to your child about when a couple might decide to have a baby and the different stages in a committed relationship.</p> <p>Share photos and memories of your children as babies and your life before children.</p>

<p>Communicating in Relationships</p>	<p>To explore the positive and negative ways of communicating in a relationship.</p>	<p>To have considered what is appropriate to share personal/private information in a relationship.</p> <p>To know how and where to get support if an online relationship goes wrong.</p>	<p>communication, personal/private, information, internet safety.</p>	<p>PSHE: sharing things online</p> <p>NORES Journey in Love: To show an understanding of how being made in the image and likeness of God informs decisions and actions when building relationships with others, including life-long relationships</p>	<p>Talk to your child about what they think is appropriate and inappropriate in a relationship.</p> <p>Talk to your child about information, as an adult, you would and would not like to share with others. What do they think they should share to keep them safe?</p>
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