



## The First Year

A warm welcome to St Joseph's Catholic Primary School. We understand that this is a very special time for your family and we are looking forward to working in partnership with you to ensure your child reaches their full potential.

## Transition from Nursery to School

During the first year of school your child will continue to follow the Early Years Foundation Stage curriculum.

We offer a play based curriculum of indoor and outdoor learning, with a combination of adult directed and child initiated activities.

## Is my child school ready?

Your child has already learnt so many things with you at home and we understand that each child is different. Here is a guide to some of the things we would hope your child can manage independently:

My child can...

- Use the toilet independently
- Wash and dry their hands
- Dress themselves independently (zips and buttons on coats)
- Put their shoes on
- Listen to and follow instructions
- Talk about their needs and feelings
- Enjoy sharing a book and talk about the story
- Join in with singing songs and nursery rhymes
- Share toys with other children



If your child is unable to do some of these things, please do not worry. We believe strongly in working in partnership with you. You also have the summer holidays to practice!

If you have any concerns with any aspect of your child's development, please speak to your class teacher as soon as possible. For a smooth transition we need to ensure your child receives the support they need to settle them into school in September.

We have an open door policy and welcome your contributions. Please do not hesitate to share information with us.

## What can I do help?

There are several things you can do to ensure your child has the best start to school life!

- Tell them about the changes for when they start at St Joseph's e.g. their new school environment. Complete their starting school booklet; this is a good way of initiating conversation and helping them to make links to the changes that will be happening.
- Ensure a clear bedtime routine is in place at an appropriate time.
- Encourage your child to try different foods to prepare them for school dinner choices.
- Most importantly encourage your child to develop their independence and reassure them at this important time of transition.



**September 2023**

### What will my child need?

- Wellies
- Raincoat
- Hat, gloves & scarf (in colder weather)
- Book bag
- PE kit bag with PE kit (red shorts, white t-shirt and black plimsoles)
- Water bottle (we provide each child with a water bottle)

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### What happens next?

- Please visit our School Website [www.stjosephsprimaryluton.co.uk](http://www.stjosephsprimaryluton.co.uk) where you will find useful information regarding transition to EYFS for September 2023.
- Stay and Play visit  
**Tuesday 04 July and Thursday 06 July 2023**  
You will visit the school with your child. This is an opportunity for your child to become familiar with their new classroom and experience some of the activities we do daily such as outdoor learning, sharing a story and playing together. There will also be a question and answer session with your class teacher and Early Years Leader.
- Part-time sessions  
**From Wednesday 06 September 2023 - Friday 08 September 2023**  
We will allocate your child either a morning or afternoon session for the first week of school. We have found this gives the children a settled beginning to their school life, allowing them to gain confidence with daily routines in a smaller group.
- Full-time  
**w/b 11 September 2022**  
If your child is not yet ready to come full-time we may consider part-time, as on occasion there are times when it is in the interest of the child to build up to full-time gradually. Further information will follow regarding start and finish times in September.

## Welcome to St Joseph's Catholic Primary School



*In the Light of Jesus  
we Learn to Shine*

## A Guide for Parents and Carers

Getting your child ready for their first year at school

- What to expect
- How you can help
- What happens next